

# Lessons to be learned

This week, after the official start of summer, (at least here in the northern hemisphere), let me give you a viewing list of several movies to watch this summer -- and after watching them, take another look at where you're going in your life.

First, I'll point you to the Bill Murray classic "[Groundhog Day](#)." Groundhog Day is a movie that is centered on one day, which Murray's character keeps living over and over and over and over again.

Why would we watch this movie? Because most of us are living that life. We go through life, rarely changing anything from one day to the next, repeating the same mistakes, driving the same roads, eating the same things, and even having the same conversations (almost) with the same people, for the same reasons.

Just in case you've been encased in [Carbonite](#) for the last 20 years, I won't give up the ending of the film, but Murray's character learns from his experience. How many of us will learn from ours?

Second, I'll send you to a movie that was probably seen by three or four people at the time of its release. It's "[Defending Your Life](#)," with Meryl Streep and Albert Brooks. After his death, Brooks' character is put on trial for the deeds he did in his life, and how he confronted fear. If you haven't seen it, it will likely make a big impression on you.

Third, "[Dr. Strangelove](#) ." Watch this movie and realize how close these people are to some of the leaders in modern business.

Fourth, a trio of three movies, "[The Empire Strikes Back](#) ," "[Battle of Britain](#) ," and "[Terminator 2 - Judgment Day](#)" show how people can continue to fight back, even in the face of futility; a fourth movie, "The Grapes of Wrath," shows the other side somewhat.

Sixth, three of my favorite movies, just to help you feel good in troublesome times, "[Going My Way](#) ," "[My Darling Clementine](#) ," and "[Bringing Up Baby](#) ," all classic films that will help your mood lift.

Seventh, "[Blazing Saddles](#) ." It is summer, after all.

We'll be back next week with more serious fare -- until then, remember that we

can learn from anything, anyone, and any experience, if we look for the lessons we can gain.

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