

# Ten resolutions for a new year

A start for a new year.

I'm reminded of the comic who said that the best year he had for New Year's resolutions was the year he took a list of everything he had accomplished that year and backdated it to serve as resolutions for the coming year.

Few of us will do something that extreme, but the new year brings with it a need by most of us to set new goals, new dreams, new desires -- something new to accomplish, some new peaks to conquer. So here's a list of resolutions we all should have for 2009 -- or any other year, for that matter.

Ten resolutions for the new year -- any new year.

1. I resolve to forgive myself for the stupid things I may have done in the past -- and never repeat them.
2. I resolve to treat my family better -- to give them more time, more joy, more attention.
3. I resolve to treat my body better -- better health will help bring me a better mind.
4. I resolve to persist until I succeed -- each hour, each day.
5. I resolve to make someone else's life better this year.
6. I resolve to treat those I work with better -- they deserve it, and so do I.
7. I resolve to take time to look at the beauty around me.
8. I resolve to look for the opportunities in my life -- and then act on those opportunities.
9. I resolve to confront the challenges that I have in my life -- and win.
10. I resolve to live my life in a positive way -- no matter what problems and challenges I may encounter.

This ends our ninth year of this weekly service. Have a great new year.